



November 19, 2012

Patricia Frisch, PhD
315 Eldridge Avenue
Mill Valley, CA 94941

Dear Patricia,

On behalf of the Track A interns, I would like to thank you for facilitating our training on Identifying and Working with Defenses. Learning how to notice and approach defensive structures is a crucial skill to have as a therapist, and we learned a great deal about working with clients in the here and now using the powers of observation we already possess.

As you know, these trainings were emotional for many of us, and though the material that arose was sometimes challenging, working through it as a group helped us to not only feel less anxious about this work, but also more able to empathize with how our clients feel while sitting with us. We're grateful for your expertise and willingness to work with us as we navigated these sometimes highly-charged waters.

Thanks very much for your time and professional regard, and we look forward to training with you again.

Sincerely,

A handwritten signature in black ink that reads 'Cary Ann Rosko'. The signature is written in a cursive, flowing style.

Cary Ann Rosko
Track A Intern