

Master Reading List: Clinical Training Orgonomy/Dr. Frisch's Method

This reading list is recommended to enhance your understanding
of Orgonomy and Dr. Frisch's Method.

1. Reich, W. (1972). *Character Analysis*. New York: Simon & Schuster | Touchstone.
2. Reich, W. (1973). *The Function of the Orgasm*. New York: Farrar, Straus & Giroux.
3. Baker, E. (1967). *The Man in the Trap*. New York: The Macmillan Company.
4. Raknes, O. (2004). *Wilhelm Reich and Orgonomy: The Brilliant Psychiatrist and His Revolutionary Theory of Life Energy*. Princeton: The American College of Orgonomy Press.
5. Reich, W. (1925). The Role of Genitality in the Therapy of Neuroses. *Orgonomic Medicine*. Vol. 2,1.
6. Herskowitz, M. (1997). *Emotional Armoring, An Introduction to Psychiatric Orgone Therapy*, New Brunswick: Transaction Publishers, Rutgers-State University.
7. Reich, W. (1960). *Wilhelm Reich Selected Writings, An Introduction to Orgonomy*. New York: Farrar, Straus and Giroux.

Master Reading List: The Masterson Group

1. Masterson, J. (1981). *The Narcissistic and Borderline Disorders: An Integrated Developmental Approach*. New York: Brunner/Mazel.
2. Masterson, J. & Klein, R. (1989). *Psychotherapy of the Disorders of the Self: The Masterson Approach*. (1989). New York: Brunner/Routledge.
3. Masterson, J. & Klein, R. Eds. (2004). *A Therapist's Guide to the Personality Disorders, The Masterson Approach, A Handbook and Workbook*. Zeig, Tucker and Theisen, Inc.
4. Masterson, J. (2015). *Disorders The Personality Through the Lens of Attachment Theory and the Neurobiological Development of the Self: A Clinical Integration*. Phoenix: Zeig, Tucker & Theisen, Inc.
5. Masterson, J. & Klein, R. Eds. (1995). *Disorders of the Self, New Therapeutic Horizons, The Masterson Approach*. New York: Brunner/Mazel, Inc.
6. Foley, G. and Hochman, J. (2006). *Mental Health in Early Intervention: Achieving Unity in Principles and Practices*. Baltimore: Brookes Publishing.

Master Reading List: Developmental Object Relations Approach

1. Bowlby, J. (1973). *Attachment and Loss, Vol. II, Separation*. New York: Basic Books.
2. Giovacchini, P. (Ed.) (1975). *Psychoanalysis of Character Disorders*. New York: Jason Aronson.
3. Hortocollis, P. (1977). *Borderline Personality Disorders – The Concept, The Syndrome, The Patient*. New York: International Universities Press.
4. Jacobson, E. (1964). *The Self and the Object World*. New York: International Universities Press.
5. Kernberg, O. (1975). *Borderline Conditions and Pathological Narcissism*. New York: Science House, pp 163-177.
6. Kohut, H. (1980). *The Restoration of the Self*. New York: International Universities Press.
7. Lax, R., Bach, S., & Burland, J. (1980). *Rapprochement – The Critical Phase of Separation-Individuation*. New York: Aronson Press.
8. Mack, J. (Ed.) (1975). *Borderline States*. New York: Grune & Stratton.
9. Mahler, M. (1968). *On Human Symbiosis and the Vicissitudes of Individuation*. New York: International Universities Press.
10. Mahler, M. (1972). *The Psychological Birth of the Human Infant*. New York: Basic Books.
11. Masterson, J. (1972). *Treatment of the Borderline Adolescent: A Developmental Approach*. New York: John Wiley & Sons, Inc.
12. Masterson, J. (1978). *Psychotherapy for the Borderline Adult: A Developmental Approach*. New York: Brunner/Mazel.
13. Masterson, J. (1983). *Countertransference and Psychotherapeutic Techniques: Teaching Seminars on Psychotherapy of the Borderline Adult*. New York: Brunner/Mazel.
14. Masterson, J. Ed. (1978). *New Perspectives on Psychotherapy of the Borderline Adult*. New York: Brunner/Mazel.
15. Masterson, J. (1980). *Borderline Adolescent to Functional Adult: The Test of Time*. New York: Brunner/Mazel.
16. Blum, H. (2004, Spring). Separation-Individuation Theory & Attachment Theory. *Journal of the American Psychoanalytic Association*. 52(2): 535-53.
17. McDevitt, J., & Settlege. (1971). *Separation-Individuation*. New York: International Universities Press.
18. Spitz, R. (1965). *The First Year of Life (A Psychoanalytic Study of Normal and Deviant Development of Object Relations)*. New York: International Universities Press.
19. Winnicott, D. (1965). *The Maturational Processes and the Facilitating Environment*. New York: International.
20. Blum, H. (2004, Spring). Separation-Individuation Theory & Attachment Theory. *Journal of the American Psychoanalytic Association*. 52(2): 535-53.
21. Mahler, M. (1972). On the First Three Subphases of the Separation-Individuation Process. *International Journal of Psychoanalysis*. 53(Pt3): 333-38.

Master Reading List: Medical/Physiology (Use or purchase most recent editions)

1. Goldman, L. & Schafer, A. (2011). *Goldman's Cecil Medicine*, (24th Edition). Philadelphia: Elsevier Saunders.
2. Longo, D., Fauci, A., Kasper, D., Hauser, S., Jameson, J. & Loscalzo, J. (2011). *Harrison's Principles of Internal Medicine* (18th Edition). New York: McGraw-Hill Professional.
3. Netter, F. (2010). *Atlas of Human Anatomy* (5th Edition.) Philadelphia: Elsevier Saunders.
4. Abrahams, P., McMinn, R., Marks, S. & Hutchings, R. (1998). *McMinn's Color Atlas of Human Anatomy* (4th Edition). Maryland Heights: Mosby.
5. *Stedman's Medical Dictionary for the Health Professions and Nursing, Illustrated* (7th Standard Edition). (2011). Baltimore: Lippincott Williams & Wilkins.
6. Goroll, A. (Ed), (2009). *Primary Care Medicine: Office Evaluation and Management of the Adult Patient* (6th Edition). Baltimore: Lippincott Williams & Wilkins.
7. Rhoades, R. & Blaker, W. (2003). *Human Physiology* (4th Edition). Pacific Grove: Brooks/Cole.
8. Rhoades, R. (Ed), (2009). *Medical Physiology: Principles for Clinical Medicine* (3rd Edition). Baltimore,: Wolter Kluwer | Lippincott Williams & Wilkins.
9. Hall, J. (2010). *Guyton and Hall Textbook of Medical Physiology* (12th Edition). Philadelphia: Saunders.

Master Reading List: Carl G. Jung

1. Jung, C. (1993). *The Basic Writings of C.G. Jung*. New York: Random House, Inc.
2. Jung, C. (1980). *Psychology and Alchemy (The Collected Works of CG Jung, Vol. 12)*. Princeton: Princeton University Press.
3. Jung, C. et al. (1968). *Man and His Symbols*. New York: Random House (Dell Publishing),
4. Edinger, E. (1995). *The Mysteriorum Lectures: A Journey Through C.G. Jung's Mysteriorum Conjunctions (Studies in Jungian Psychology By Jungian Analysts)*. Toronto: Inner City Books.
5. Edinger, E. (1991) *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy*. Chicago: Open Court Publishing.
6. Edinger, E. (1994). *The Mystery of the Coniunctio: Alchemical Image of Individuation (Studies in Jungian Psychology By Jungian Analysts)*. Toronto: Inner City Books.
7. von Franz, M. (1998). *On Dreams and Death*. Chicago: Open Court Publishing.
8. Jung, C. (1974). *Dreams*. Princeton: Princeton University Press.

- Hall, J. (1983). *Jungian Dream Interpretation, A Handbook of Theory and Practice*. Toronto: Inner City Books.

Somatic Psychotherapy Articles of Interest

- May, J. (2005). The Outcome of Body Psychotherapy Research. *The USA Body Psychotherapy Journal*, Vol 4 (2), pp 93-115.
- Koemeda-Lutz, M., Kaschke, M., Revenstorf, D., Scherrmann, T., Weiss, H., & Soeder, U. (2005). Preliminary Results Concerning the Effectiveness of Body Psychotherapies in Outpatient Settings – A Multi-Center Study in Germany and Switzerland. *The USA Body Psychotherapy Journal*, Vol 4 (2), pp 10-22.
- Levy Berg, A., Sandell, R., & Sandahl, C. (March 2009). Affect-focused body psychotherapy in patients with generalized anxiety disorder: Evaluation of an integrative method. *Journal of Psychotherapy Integration*, Vol 19(1), pp 67-85.
- Kaplan, A., & Schwartz, L. (2005). Body Pragmatic Case Studies Of Body-Centered Psychotherapy. *The USA Body Psychotherapy Journal*, Vol 4(2), pp 23-42.
- Röhricht, F., Papadopoulos, N., & Priebe, S. (2013). An exploratory randomized controlled trial of body psychotherapy for patients with chronic depression, *Journal of Affective Disorders* 151, pp 85–91.
- Harkin, D. (2010). Part II - The Adolescent Brain: Clinical Applications. *The USA Body Psychotherapy Journal*, Vol 9(1), pp 32-40.
- Appel-Opper, J. (2010). Relational Living Body Psychotherapy: From Physical Resonances to Embodied Interventions and Experiments, *The USA Body Psychotherapy Journal*, Vol 9(1), pp 51-56.
- Monsen, K. & Monsen, J. (2000). Chronic pain and psychodynamic body therapy: A controlled outcome study. *Psychotherapy: Theory, Research, Practice, Training*, Vol 37(3), pp 257-269.
- White, K. (2001). A Study of Ethical and Clinical Implications for the Appropriate Use of Touch in Psychotherapy. *The USA Body Psychotherapy Journal*, Vol 1(1), pp 8-15.

Somatic Journals of Interest

The USA Body Psychotherapy Journal: <http://usabp.org/ibpjjournal/>

International Body Psychotherapy Journal: <http://www.ibpj.org/>